

Benefiting the entire community

The traditional crisis-driven approach is ineffective and not economically sustainable.

Our approach is to not only respond to the immediate crisis, but to also work with people to address root causes and offer resources and connections to support long term well-being.

Each client, staff member or community partner contributes a unique perspective toward a better outcome. As we recombine resources in new ways, we will learn from our progress and continue improving services.



Building a more stable future

Health and human services connections can help people stabilize lives and improve health.

- For the person
- For their inner circle
- For our community

Health

- Fewer crises
- Chronic illness managed
- Reduced long-term medical cost

Relationships

- Healthier interactions
- Improved public safety
- Connections to community

Self-sufficiency

- Employment
- Housing
- Contributions to community



Breaking the cycle here.

People with complex behavioral health needs often cycle from crisis to crisis. The traditional system does not address the root causes of their challenges.

At the Behavioral Health Center, a holistic approach addresses barriers to well-being.

Learn more

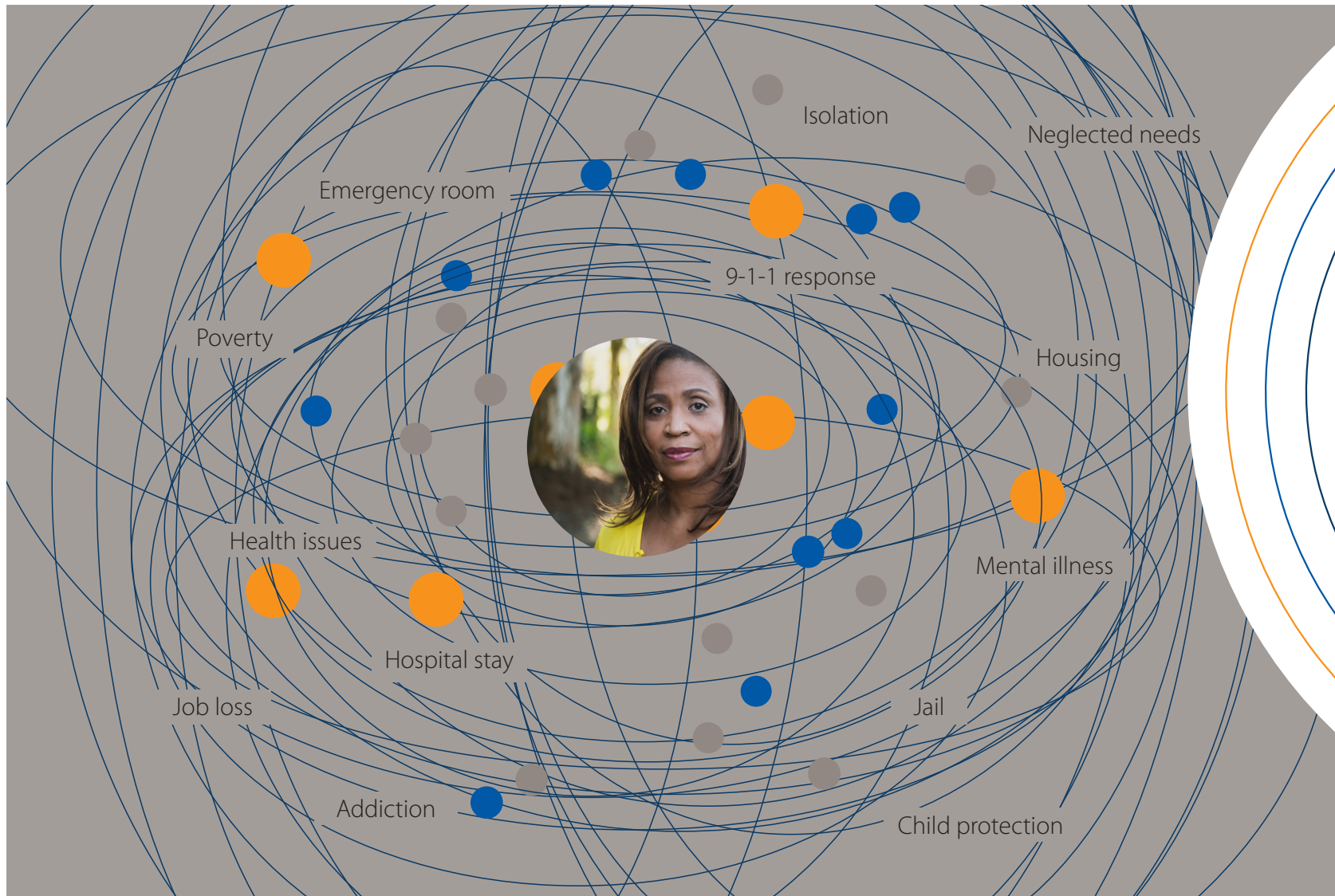
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Project partners: Hennepin County Attorney's Office, Department of Community Corrections and Rehabilitation, Department of Health and Human Services, Public Defender's Office, Sheriff's Office; Minneapolis City Attorney and Police Department; Minnesota Fourth Judicial District Court; and suburban law enforcement



Reacting to today's crises

For many people, a mental health crisis is met by a short-term reaction. Failing to treat root causes leaves open the likelihood of a return through the system.



Meeting complex needs

At the Behavioral Health Center, many disciplines come together to create a new model of care that has a greater impact than each approach can offer separately.



Responding to crises in a new way

A collaborative model of care changes the way we understand the problem and help people find solutions.

1 Referral

Clients can self-refer or come with a referral from a professional or law enforcement.

2 Assessment





Clients take stock of their individual strengths and short- and long-term needs. Trained staff guide them along the way.

3 Personalized care

Clients choose from a variety of options to achieve stability. Experienced staff help them make their hope a reality.



A broken system takes a toll

-  1 in 5 adults in the U.S. will be diagnosed with a mental illness each year.*
-  Adults in the U.S. with serious mental illnesses die on average 25 years earlier than others, largely due to treatable medical conditions.*
-  From 2007-2014, Minnesota's hospitals saw a 49% increase in all mental health emergency department visits. Visits for substance use increased by nearly 70%.**
-  1 in 3 people booked into the Hennepin County Jail face some type of mental health condition.***

*NAMI Minnesota

**Minnesota Hospital Association

***Hennepin Healthcare



Physical health

- Urgent care
- Health screenings
- Primary care referrals
- Medication management
- Care consultations



Behavioral health

- Crisis stabilization
- Withdrawal management
- Mental health screening
- Substance use disorder screening
- Care coordination
- Peer recovery supports



Human services

- Housing, economic and food support
- Parenting education
- Employment resources
- Disability and veterans resources
- Advocacy